

# Heartview Residential

## Allowed Items



☐ **Photo ID** – Will not be allowed to admit without this. In the event that it is not possible to get a photo ID prior to admission, you must have someone with you who can sign attesting your identity.

☐ **Copy of insurance card** – While you can admit without this, it will help in preventing any billing issues that could result in financial responsibility for the patient.

### Medications:

- ☐ Prescription and over the counter meds need to be in their original bottles (30 day supply).
- ☐ Detox meds brought with you in original bottle.
  - Can have Rx sent to Neumann Drug in Cando
  - Can have Rx sent to Gateway South Pharmacy in Bismarck

### Clothing:

- ☐ Pack only 7 days' worth of clothing.
  - Modest clothing ONLY (No short-shorts or shirts, thin strap tank tops, male tank tops, undergarments showing, etc.)
- ☐ Pack appropriate for the season
- ☐ For admits that are currently homeless and have no where to store their belongings, we will store the extra items.
- ☐ Clothes may be washed upon arrival.

### Toiletries

- ☐ Must be alcohol free (alcohol cannot be listed in the top 3 ingredients)
- ☐ Eye drops and/or nasal sprays are not allowed
- ☐ Any toiletry item that is not allowed will be stored at time of admission and returned upon discharge.

### Electronic Devices\*

- ☐ Cell phone, headphones and device chargers are allowed.
- ☐ Portable radios, laptops, tablets, iPads and Bluetooth speakers are not allowed.

### Miscellaneous

- ☐ No pillows or blankets from outside are allowed.
- ☐ Cash, C/C or debit cards are allowed. These items will be stored in the staff office.
- ☐ Cigarettes (no vapes, e-cigs or rolling cigarettes)
- ☐ Chewing tobacco is not allowed to be brought into the facility
- ☐ Art or craft materials (we also have many craft/art items available for your use)
- ☐ No food or drink can be brought in from outside.
  - Cafeteria has food & drink available for free
  - Vending machines are available in Bismarck & soda in Cando
  - Cannot have family/friends bring outside food in for you or have food delivered
  - Will not be allowed to buy food/drink on any trips to the stores or gas stations
- ☐ Essential oils can be brought in, but diffusers are not allowed. \*
- ☐ No plug-in air fresheners allowed in rooms.
- ☐ Smudging Sage/Sweet grass is allowed but will be kept in the staff office.\*

### Visitations and passes

- Due to COVID19, visitation/pass hours may change frequently based on our continual monitoring of the situation.\*

\* Your counselor will provide you with details on the usage of these items.

**All items brought with including clothing must fit in the 1 suitcase or 1 duffle bag.**